

City on a Hill Health Services

The Neighborhood Health Outreach is offered the second Saturday of every month: 12pm to 3:00pm

HEALTH SERVICES VISITS 2001 – 2021



Located in the heart of Milwaukee – one of America's poorest cities, where more than 67,000 children are living in poverty – City on a Hill is bringing transformation by restoring hope, reducing poverty, strengthening families, and fostering racial reconciliation.

MONTHLY NEIGHBORHOOD HEALTH OUTREACH

OVERVIEW OF SERVICES

The City on a Hill Monthly Neighborhood Health Outreach provides holistic services to meet the medical, nutritional, social, emotional and spiritual needs of uninsured, medically under served, and homeless residents of the central city.

Health screenings, physician and nurse practitioner visits, educational modules and other services are provided at no cost to an average of 200-300 people each month through the support of many generous individuals and organizations, and the efforts of a large and diverse team of volunteer physicians, nurses, social workers, other health care professionals, and many non-clinical volunteers.

In addition to medical services, the Health Outreach provides a complement of social services to meet basic needs, such as groceries and hygiene kits. Guests also enjoy a hot meal, have opportunities to socialize, and find a place to belong.

MEDICAL SERVICES

- · Doctor and nurse practitioner
- visits for the uninsured
- · Dental screening and referrals
- · Physical therapy
- · Occupational therapy
- · Blood pressure, diabetes and
- cholesterol screenings

NUTRITION AND SOCIAL SERVICES

- · Hot lunch
- · Hygiene pantry
- \cdot Community Health Worker visits

- \cdot Comprehensive health education
- · Clinical breast exams
- · Smoking cessation assistance
- · Diabetic education program
- Patient assistance program for medications
- · Food pantry
- · Social Worker visits
- · Prayer support



The Free Clinic is open during the Neighborhood Health Outreach, and by appointment on Tuesdays and Thursdays.

FREE CLINIC

OVERVIEW OF SERVICES

- · Doctor and nurse practitioner visits for acute illness, prevention and chronic disease management.
- \cdot Health care navigation services
- · Medication services/assistance
- · Foot care (2nd Wednesdays only)
- · Vision care (3rd Wednesdays only)

LEADERSHIP

Liliana Salcido, Health Services Manager Dr. Bonnie Tesch, Medical Director





MEDICAL HOMES

A comprehensive medical program offering free off-site and on-site services including:

- · Preventive health screenings (blood pressure, blood glucose and BMI)
- · Health educations on prevalent health topics
- \cdot Health navigation services to help participants navigate the health care system

Incentives are provided to participants at the end of each programming period along with a certificate of completion.

HISTORY

FROM BRICK FARMHOUSE TO HOSPITAL ON A HILL

In the early 1860s, a large farmhouse situated on a hill was converted to a hospital where the Lutheran Deaconesses began practicing their faith, caring for the medical needs of Milwaukee's poor, supported by donations. For many years, the facility served the community well, but as technology, health care financing, and neighborhood demographics advanced, and hospital services moved to the Aurora Health Care's Sinai campus a few blocks away, six large buildings were left vacant.

HEALTH CARE RETURNS TO THE HILL

Non-profit City on a Hill became a reality in December 2000, thanks to a local ministry, a national relief organization, and a gift of property from Aurora Health Care. In 2001, two local nursing professionals launched a monthly health outreach.

In September 2016, City on a Hill held a ribbon cutting for the newly renovated clinic space. A generous grant from the Aurora Health Care Better Together Fund and a large donation of equipment helped us create this state-of-the-art clinic featuring five private rooms plus a beautiful waiting room with a children's play area. Uninsured residents on the near west side can now utilize City on a Hill as their new "medical home."

