

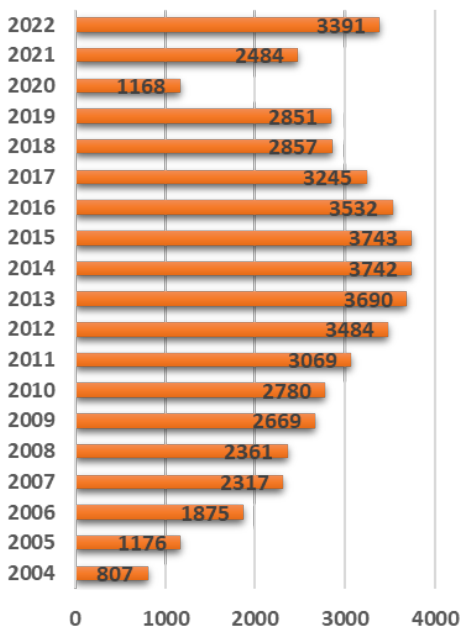
City on a Hill Health Services

The Neighborhood Health Outreach is offered the second Saturday of every month from 12:00 p.m. to 2:00 p.m.



Located in the heart of Milwaukee – one of America’s poorest cities, where more than 67,000 children are living in poverty – City on a Hill is bringing transformation by restoring hope, reducing poverty, strengthening families, and fostering racial reconciliation.

HEALTH SERVICES VISITS 2004 - 2022



Monthly Neighborhood Health Outreach

The City on a Hill Monthly Neighborhood Health Outreach provides holistic services to meet the medical, nutritional, social, emotional, and spiritual needs of uninsured, medically underserved, and homeless residents of the central city.

Health screenings, physician and nurse practitioner visits, educational modules, and other services are provided at no cost to an average of 100–200 people each month through the support of many generous individuals and organizations, and the efforts of a large and diverse team of volunteer physicians, nurses, social workers, other health care professionals, and many non-clinical volunteers.

In addition to medical services, Health Outreach provides a complement of social services to meet basic needs, such as groceries and hygiene kits. Guests also enjoy a hot meal, have opportunities to socialize, and find a place to belong.

The Health Outreach is offered the 2nd Saturday of every month: 12pm– 2pm

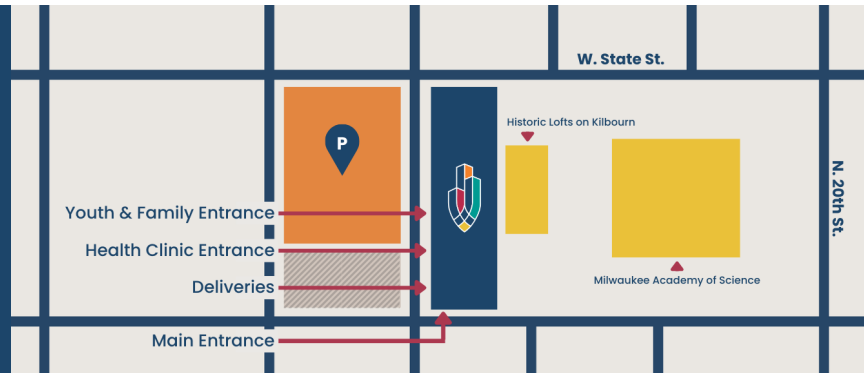
Medical Services

- Doctor and nurse practitioner visits for the uninsured
- Dental screening and referrals
- Physical therapy
- Occupational therapy
- Blood pressure, diabetes, and cholesterol screenings
- Healthy diet & nutrition
- Resilience/Stress Management sessions
- Comprehensive health education
- Clinical breast exams
- Smoking cessation assistance
- Diabetic education program
- Patient assistance program for medications
- Dental Hygiene
- Behavioral Health Resources & appointments

Nutrition and Social Services

- Hot lunch
- Food pantry
- Hygiene pantry
- Social Worker visits
- Community Health Worker visits
- Prayer support

The Free Clinic is open during the Neighborhood Health Outreach, by appointment on Tuesdays and Thursdays.



Our History

From Brick Farmhouse to Hospital on a Hill

In the early 1860s, a large farmhouse situated on a hill was converted into a hospital where the Lutheran Deaconesses began practicing their faith, caring for the medical needs of Milwaukee's poor, supported by donations. For many years, the facility served the community well, but as technology, healthcare financing, and neighborhood demographics advanced, and hospital services moved to Aurora Health Care's Sinai campus a few blocks away, six large buildings were left vacant.

Healthcare Returns to the Hill

Non-profit City on a Hill became a reality in December 2000, thanks to a local ministry, a national relief organization, and a gift of property from Aurora Health Care. In 2001, two local nursing professionals launched a monthly health outreach.

In September 2016, City on a Hill held a ribbon cutting for the newly renovated clinic space. A generous grant from the Aurora Health Care Better Together Fund and a large donation of equipment helped us create this state-of-the-art clinic featuring five private rooms plus a beautiful waiting room with a children's play area. Uninsured residents on the near west side can now utilize City on a Hill as their new "medical home."

Free Clinics

Overview of Services

- Doctor and nurse practitioner visits for acute illness, prevention, and chronic disease management.
- Health care navigation services
- Tele-Therapy- Every Tuesday
- Medication services/assistance
- Foot & Wound Care (2nd Wednesdays only)
- Vision Screenings (3rd Wednesdays only)

Leadership

- Liliana Salcido, Health Services Manager
- Dr. Bonnie Tesch, Medical Director

Medical Homes

A comprehensive medical program offering free off-site and on-site services including:

- Preventive health screenings (blood pressure, blood glucose, and BMI)
- Health education on prevalent health topics
- Health navigation services to help participants navigate the healthcare system

Incentives are provided to participants at the end of each programming period along with a certificate of completion.